



A Better Way to a Better Life

Sovereign Health Family Program

Resources and Additional Support

Al-Anon and Ala Teen for family members	www.al-anon.org	(888) 4-ALANON
Alcoholics Anonymous	www.aa.org Central Office	(212)870-3400
National Alliance of Mental Illness (NAMI)	www.nami.org	(800) 950-NAMI
National Council of Alcohol & Drug Dependence	www.ncadd.org	(212) 269-7797
Nar Anon for family members	www.nar-anon.org	(888)477-6291
Narcotics Anonymous	www.na.org	(818) 773-9999
SMART Recovery	www.smartrecovery.org	(866) 951-5357
Dual Recovery Anonymous	www.draonline.org	(913) 991-2703

Office Address:

1211 Puerta Del Sol, San Clemente, CA 92673
www.sovhealth.com